

Spinach, Apple, Bacon Salad by Lynn's Recipes



Lynn demonstrates how to make a delicious Spinach, Apple, Bacon Salad. Great for lunch or to serve as a salad at dinner.

Ingredients:

- ¼ cup water
- 3 Tablespoons red wine vinegar
- 2 Tablespoons olive oil
- 2 Tablespoons honey
- 4 teaspoons Dijon mustard
- ½ teaspoon freshly ground black pepper
- 1 Royal Gala or Granny Smith apple, cut into julienned strips
- 8 cups baby spinach
- Red onion, cut into strips
- Sliced button mushrooms
- 2 slices center-cut bacon, cooked until crispy and crumbled

Combine first 6 ingredients (water through pepper) in a small bowl, stirring with a whisk to make the dressing.

Place all ingredients, except bacon, in a large bowl and toss with the dressing to coat. Sprinkle bacon over top. Refrigerate any leftovers.

Makes 4 servings

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