

Black Bean and Corn Salad by Lynn's Recipes



A great salad recipe for a cookout or picnic. This is a healthy salad that can be made ahead and refrigerated. If the chipotle chili powder is too spicy for your taste, substitute regular chili powder or reduce the amount of the chipotle chili powder.

Ingredients:

- 1 Tablespoon apple cider vinegar
- 1 Tablespoon lime juice
- 1 Tablespoon olive oil
- 1 Tablespoon chipotle chili powder
- $\frac{1}{4}$ teaspoon salt
- $\frac{1}{4}$ teaspoon ground pepper
- 1-15 ounce can black beans, drained and rinsed
- 1-1/2 cups corn kernels, frozen and defrosted, canned and drained or fresh off the cob
- 1 tomato, chopped
- $\frac{1}{2}$ red onion, chopped
- $\frac{1}{2}$ cup cilantro, chopped

Mix beans, corn, tomato, onion and cilantro in a bowl. Whisk remaining ingredients together and pour over. Toss well to coat.

[Comment on this Recipe](#)

Follow me on:

[YouTube](#)

Black Bean and Corn Salad by Lynn's Recipes

[Twitter](#)

[Facebook](#)

[Instagram](#)

Lynn's Recipes: June 2012

www.lynnrecipes.com

[Click here for a handy Conversion Chart](#)