

# Lynn's Recipes Cooking Tip # 01 -- Squeezing Water from Spinach by Lynn's Recipes

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*Click on the above picture to watch the video of this tip.*

Squeezing the water from spinach is easy if you use a potato ricer. Defrost your frozen, chopped spinach and place in a potato ricer. Squeeze all of the liquid out and you have spinach that is ready for dip or whatever recipe you are making that requires the spinach to be dry.

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Lynn's Recipes: January 2012  
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