



A very delicious meatloaf that can be made with ground turkey or ground beef. Easy to mix together and can be prepared in advance.

Ms. Goldgirl's Meatloaf

Ingredients:

- 2 eggs
- 2/3 cup milk
- 2 teaspoons salt
- ¼ teaspoon ground pepper
- 3 slices bread, crumbled
- Half an onion, chopped
- ¼ cup shredded raw carrot
- 1 cup shredded Cheddar cheese
- 1-1/2 pounds ground turkey or ground beef
- ¼ cup ketchup
- ¼ cup brown sugar
- 1 Tablespoon yellow mustard

Beat eggs with milk; add salt, pepper and bread and mix until the bread absorbs the milk. Add onion, carrots, cheese and meat; mix until combined. Place in a loaf pan that has been sprayed with cooking spray. In a small bowl, mix ketchup, brown sugar and mustard. Spread over the top of loaf. Bake at 350° for an hour or until meat thermometer inserted in the middle reads 170°.

Ms. Goldgirl's Meatloaf by Lynn's Recipes

[Comment or watch this Recipe on You Tube](#)

Follow me on:

[YouTube](#)

[Twitter](#)

[Facebook](#)

[Instagram](#)

Lynn's Recipes: November 2013
www.lynnrecipes.com

[Click here for a handy Conversion Chart](#)