

Baked Paprika-Parmesan Chicken by Lynn's Recipes



Lynn demonstrates how to make a super easy and quick chicken recipe perfect for dinner.

Ingredients:

- ½ cup grated Parmesan Cheese
- 4 skinless, boneless chicken breast halves
- 2 teaspoons paprika
- ¼ cup all purpose flour
- ½ teaspoon black pepper
- ½ teaspoon salt
- 2 Tablespoons milk
- 1 egg, beaten
- ¼ cup butter, melted

Preheat oven to 350°. Coat a shallow baking dish with nonstick cooking spray. Combine flour, Parmesan cheese, paprika, salt and pepper in a bowl. In a separate bowl, whisk together the egg and milk. Dip the chicken in the egg mixture, then dredge in the flour mixture. Place in the baking dish, and pour the melted butter evenly over the chicken.

Bake for about 1 hour and 15 minutes in the preheated oven, until the cheese has browned and the chicken has cooked.

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Lynn's Recipes: March 2014
www.lynnrecipes.com

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