

Roasted Chickpeas by Lynn's Recipes



Roasted Chickpeas

A healthy snack that can also be served as an appetizer. Super easy, requiring ingredients that you might already have on hand in your pantry.

Ingredients:

- 3 cups cooked chickpeas, drained and rinsed
- 1 Tablespoon garlic powder
- 1 Tablespoon onion powder
- 1 Tablespoon ground cumin
- 2 teaspoons chili powder
- ½ teaspoon salt
- 1 Tablespoon Olive Oil

Preheat oven to 350°.

Mix all ingredients in a medium bowl. Spread beans on a parchment-lined cookie sheet with sides. Bake for 30-40 minutes, stirring at 10 minutes intervals. Allow to cool and serve.

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